

Who can be a part of LUK Mentoring?

LUK Mentoring accepts youth between the ages of 6-17. This includes, but is not limited to:

- Youth who have a learning, emotional, or behavioral disability
- Foster youth
- Youth who would benefit from having additional adult support
- Youth who want another role model

It's a Match!

Once your child is matched with a Mentor, LUK Mentoring staff will contact you regularly to see how you think the connection is going.



Learn more!

Visit
Mentoring.LUK.org
for frequently
asked questions

LUK, Inc. is a

nonprofit multiservice agency dedicated to improving the safety, health, and emotional well-being of youth, families, and adults. As a community-based organization, LUK offers an array of child and family services throughout Central Massachusetts.



Information for Parents and Guardians



*Building Stronger
Communities,
Family by Family*



United Way
of South Central MA

545 Westminster Street
Fitchburg MA
800-579-0000
Mentoring@LUK.org
www.Mentoring.LUK.org

What is a **Mentor**?

A mentor is a caring & responsible role model who takes time to form a friendship with a young person. Mentors know that young people can make a positive difference in the world if given the chance.

LUK Mentors are carefully screened and trained adult volunteers. Mentors spend at least one hour per week with their Mentee for at least one year. They also receive support from a LUK Mentoring Specialist.



In community-based Mentoring, Mentors spend time in the community doing a variety of activities with their youth Mentees.

Why does my child need a **Mentor**?

There are many reasons a youth might need or want a mentor.

All young people need the support of caring adults in order to be successful. Sometimes, youth need an adult outside the family to share their thoughts with, help practice social skills, and build community connections.

Mentors can:

- Introduce new interests and experiences
- Promote growth and self confidence
- Be an outside connection to talk to

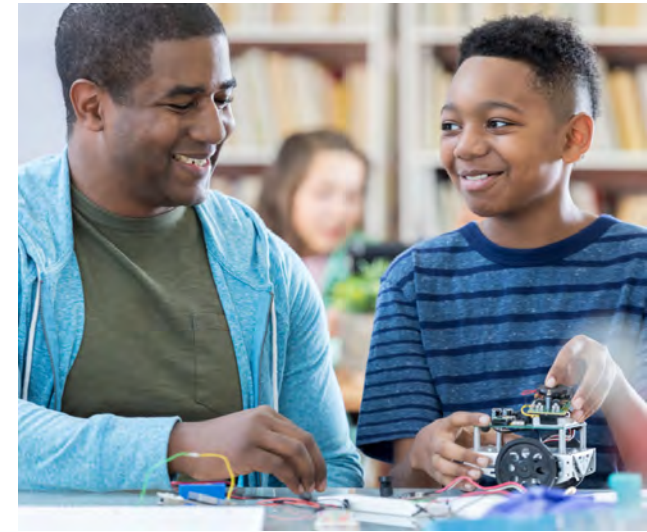
Youth with mentors are more likely to:

- Graduate from high school
- Volunteer in the community
- Enroll in college
- Be hopeful about their future

Youth with mentors improve:

- School attendance
- Academic success
- Behavior at home and school
- Relationships with adults
- Relationships with peers
- Self-esteem and confidence

Get started today!



For more information or to start the enrollment process, contact LUK Mentoring Program Staff:

Website: Mentoring.LUK.org

Call: 800-579-0000

Email: Mentoring@luk.org

LUK, Inc. offices located at:

545 Westminster St., Fitchburg, MA 01420

40 Southbridge St., Worcester, MA 01608

99 Day St., Fitchburg, MA 01420

251 Main St., Webster, MA 01570

140 Shrewsbury St., Boylston, MA 01505

Young Adult Resource Center:

11 Elm St., Fitchburg, MA 01420